

Hondsyork

Body Measurement Guide

合洋行人身量度指南

Hondsyork Ltd.

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Jacket 上衣



Chest:

STEP 1: Unfold the jacket and lay flat side ways

STEP 2: Flip the sleeve and place tape measure horizontally underneath the armhole.

STEP 3: Extend the tape horizontally till the edge of the jacket

STEP 4: Extend the other half of the tape horizontally till the back center seam.

STEP 5: Double the measurement, and minus one and you will have the chest measurements

For example: $21 \times 2 = 42$, $42 - 1 = 41$, hence 41 inches will be the finished measurement for the chest.

上圍：

第一步：將上衣攤開，鋪平

第二步：將袖子向上翻，卷尺置於夾圈下方呈水準放置

第三步：卷尺沿水平線從襟邊量到側邊車縫線

第四步：將卷尺固定好，繼續沿水平線向後量至後幅中縫線

第五步：所量尺寸的 2 倍再減 1 寸鈕位，所得尺寸即為成衣胸圍尺寸

如圖所示： $21 \times 2 = 42$, $42 - 1 = 41$ ，所得 41 寸即為胸圍尺寸

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Jacket 上衣



Waist:

STEP 1: Lay flat the jacket with all buttons fasten

STEP 2: Find the slimmest part of the jacket (around the first button area)

STEP 3: Pull tape measure horizontally across the jacket

STEP 4: Take the measurement and double it and you will have the finish waist measurement

For example: $17.5 \times 2 = 35$, hence 35 inches will be the finished measurement for the waist.

腰圍：

第一步：將上衣鈕扣全部扣緊，鋪平

第二步：找到最小腰線位（於第一粒鈕扣附近）

第三步：卷尺呈水平線從左側邊量至右側邊

第四步：所取尺寸的 2 倍即為成衣中圍尺寸

如圖所示： $17.5 \times 2 = 35$ ，所得 35 寸即為中圍造起尺寸

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Jacket 上衣



Hip:

STEP 1: Lay flat the jacket with all button fasten

STEP 2: Measure up 3-4 inches (depending on jacket style) from the bottom corner of the jacket

STEP 3: Place tape measure horizontally 3-4 inches from the bottom

STEP 4: Pull tape measure horizontally to both edge

STEP 5: Double the number indicate on the tape and you will have the finished measurement for hip

For example: **40 inches** will be the finished measurement for the hip.

坐圍：

第一步：將上衣鈕扣扣緊，平鋪

第二步：從上衣底部向上量 3-4 寸處（具體需視上衣款式而定）

第三步：將卷尺水準置於離上衣底部 3-4 寸處

第四步：沿水平線從左側邊量至右側邊

第五步：所量尺寸的二倍則為下圍造起尺寸

例如：圖示 **40 寸**即為下圍造起尺寸

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Jacket 上衣



Shoulder:

STEP 1: Lay jacket flat front facing upwards, upside down to measuring position

STEP 2: Find the attaching point of shoulder seam and sleeve

STEP 3: Gently stretch the shoulder

STEP 4: Start measuring from the joining point of the shoulder seam and sleeve, pull horizon-tally to the other joining point of the shoulder seam and sleeve

For example: **17 inches** will be the finished measurement for the shoulder.

肩寬：

第一步：將上衣向上平鋪

第二步：兩手置於兩邊肩膀位

第三步：向兩邊拉緊

第四步：將卷尺從左側肩點量到右側肩點

例如：圖示 **17 寸** 則為肩寬造起尺寸

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Jacket 上衣



Sleeve Length:

STEP 1: Lay flat the jacket side ways

STEP 2: Find the attaching point of the shoulder seam and sleeve

STEP 3: Start measuring from the attaching point, pull vertically until the bottom of the sleeve length.

For example: **23.75 inches** will be the finished measurement for the sleeve length.

袖長：

第一步：將上衣側面鋪平

第二步：找到肩線與袖子的交接點

第三步：卷尺從交接點開始，垂直量到袖口

例如：圖示 **23.75 寸** 即為袖長尺寸

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Jacket 上衣



Front Length:

STEP 1: Lay jacket flat, front facing upwards

STEP 2: Find the attaching point of the shoulder seam and the under collar felt

STEP 3: Pull tape measure from attaching point vertically till the end of the jacket

For example: **27.5 inches** will be the finished measurement for the front length.

前長：

第一步：將上衣向上平鋪

第二步：將卷尺置於衣領與肩線交界處

第三步：從交界處垂直向下量至上衣底部

例如：圖示 **27.5 寸** 即為前長造起尺寸

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Jacket 上衣



Back Length:

STEP 1: Lay flat the jacket, back facing upwards

STEP 2: Find the attaching point of center seam and under collar felt

STEP 3: Start measuring from the attaching point of the under collar felt and back center seam

STEP 4: Pull tape measure straight down parallel with back center seam until the bottom of the jacket

For example: **26 inches** will be the finished measurement for the back length.

後長：

第一步：上衣背面向上，鋪平

第二步：找到後背中心縫線與領底交界點

第三步：卷尺以交接點為起始點

第四步：沿著中縫線垂直向下量至上衣底部

例如：圖示 **26 寸** 即為後長造起尺寸

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Jacket 上衣



First Button Position:

STEP 1: Lay jacket flat, front facing upwards

STEP 2: Find the attaching point of the shoulder seam and the under collar felt

STEP 3: Pull tape measure from attaching point to the center of the first button

For example: **14.5 inches** will be the finished measurement for the first button position.

第一粒鈕位：

第一步：將上衣向上平鋪

第二步：將卷尺置於衣領與肩線交界處

第三步：從交界處量至第一粒鈕扣正中

例如：圖示 **14.5 寸** 即為鈕位位置

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Jacket 上衣



Bicep:

STEP 1: Lay flat the jacket side ways

STEP 2: Flip the sleeve and place tape measure horizontally at the attaching point of the sleeve and armhole

STEP 3: Double the number indicates on the tape and you will have the finished bicep measurement

For example: $7.5 \times 2 = 15$, hence **15 inches** will be the finished measurement for the bicep.

臂圍：

第一步：將上衣側面鋪平

第二步：將袖子向上翻，卷尺置於袖底水準位置，從邊量到邊

第三步：所得數值的2 倍即為臂圍尺寸

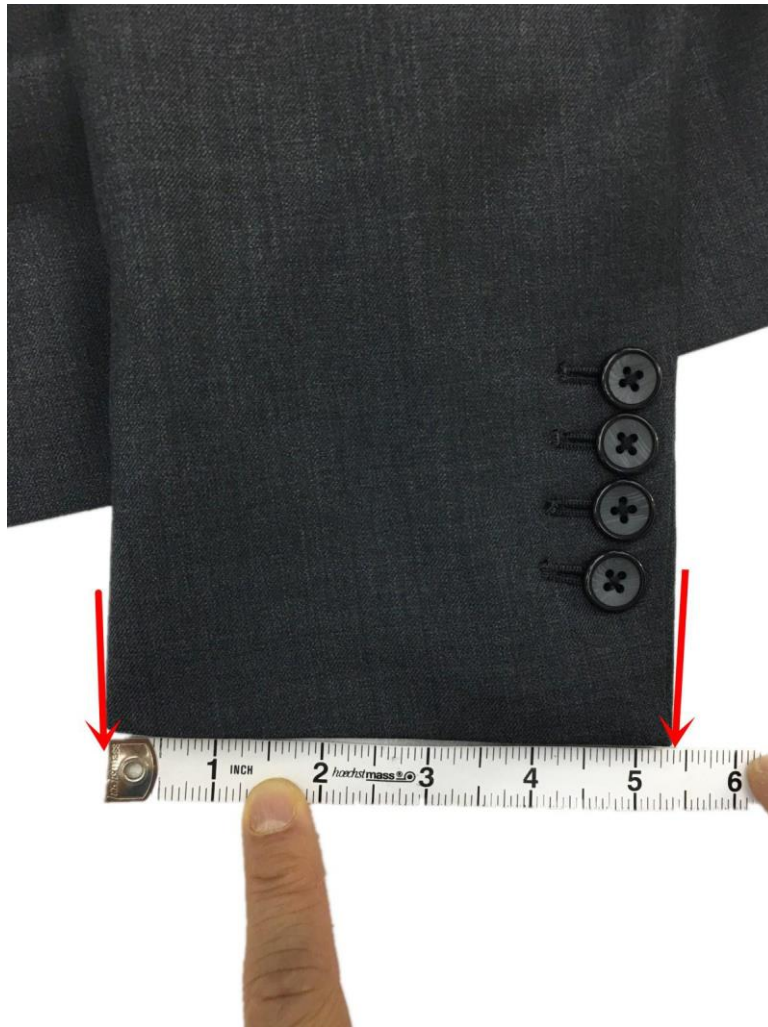
如圖所示： $7.5 \times 2 = 15$, **15 寸**即為臂圍造起尺寸

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Jacket 上衣



Jacket Cuff:

STEP 1: Lay flat the cuff of the jacket

STEP 2: Start measuring from the bottom of the cuff from one end to the other horizontally

STEP 3: Double the number indicate on the tape and you will have the finished cuff measurement

For example: **11 inches** will be the finished measurement for the jacket cuff.

袖口：

第一步：將上衣袖口平鋪

第二步：拉緊，從左側邊水準量到右側邊

第三步：所取數值的 2 倍即為袖口造起尺寸

例如：圖示 11 寸即為上衣袖口造起尺寸

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Jacket 上衣



Lapel Width:

STEP 1: Lay jacket flat, front facing upwards

STEP 2: Find the widest part of the lapel.

STEP 3: Start measuring horizontally across the lapel

For example: **2.75 inches** will be the finished measurement for the lapel width.

襟寬：

第一步：將上衣向上鋪平

第二步：找到領尖處最寬位置

第三步：從領尖處水準量到襟邊

如圖所示：**2.75 寸**即為襟寬尺寸

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Pants 褲子



Waist:

STEP 1: Lay pants flat, zipper side facing upward

STEP 2: Gently stretch both edge of the waistband

STEP 3: Place tape measure parallel to waistband

STEP 4: Extend tape measurement horizontally until reaches both edge

STEP 5: Double the number indicates on the tape and you will have the cuff measurement

For example: $16.5 \times 2 = 33$, hence **33 inches** will be the finished measurement for the waist.

腰圍：

第一步：褲子向上平鋪

第二步：腰帶兩側拉緊

第三步：卷尺置於腰帶上

第四步：從左邊水準量到右邊

第五步：所得數值的兩倍即為腰圍尺寸

如圖所示： $16.5 \times 2 = 33$, **33 寸**即為腰圍造起尺寸

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Pants 褲子



Hip:

STEP 1: Lay pants flat, zipper side facing upward

STEP 2: Find the lowest point of the pockets or widest point

STEP 3: Place measure tape horizontally from point to point

STEP 4: Double the number indicates on the tape and you will have the finished hip measurement

For example: $20 \times 2 = 40$, hence **40 inches** will be the finished measurement for the hip.

坐圍：

第一步：褲子向上鋪平

第二步：找到褲袋口底部，或褲子最大位置

第三步：卷尺從左邊袋口底部水準量至右邊口袋底部

第四步：所得數值 2 倍即為坐圍造起尺寸

如圖所示： $20 \times 2 = 40$, 40 寸即為坐圍造起尺寸

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Pants 褲子



Out seam:

STEP 1: Lay pants flat sideways

STEP 2: Find the outside seam of pants.

STEP 3: Place tape measure on top of the out seam.

STEP 4: Extend tape measurement parallel to the outside seam until reaches both end of the pants

For example: **35.75 inches** will be the finished measurement for the outs seam.

褲外長：

第一步：將褲子側向鋪平

第二步：找到褲子外側車縫線

第三步：從頂部開始量

第四步：沿著外側車縫線量至褲腳

如圖所示：**35.75 寸**即為褲長造起尺寸

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Pants 褲子



Crotch:

STEP 1: Lay pants flat, zipper side facing upward

STEP 2: Please tape measure at the top of front center waistband

STEP 3: Gradually drag the tape measure parallel to the zipper until reaches the joining point of both inner seam and back crotch

STEP 4: Hold tape measure with the crotch and release the other hand

STEP 5: Flip the pants upside down.

STEP 6: Keep extending the tape measure until reaches back center waistband

For example: **24 inches** will be the finished measurement for the crotch.

褲全浪：

第一步：將褲子向上平鋪

第二步：卷尺置於褲頭中央

第三步：沿著褲鏈向下量至褲浪底車縫線交界處

第四步：卷尺固定於褲浪底

第五步：將褲子翻面

第六步：卷尺繼續量至腰頭後中

如圖所示：**24 寸**即為褲浪造起尺寸

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Pants 褲子



Pants cuff:

STEP 1: Lay pants flat sideways

STEP 2: Find the lowest point of the pants

STEP 3: Measure both edge from point to point

STEP 5: Double the number indicates on the tape and you will have the cuff measurement

For example: $7.5 \times 2 = 15$, hence **15 inches** will be the finished measurement for the thigh.

褲腳：

第一步：將褲子側向平鋪

第二步：將卷尺置於褲腳位置

第三步：從左邊量至右邊

第四步：所得數值的兩倍即為褲腳尺寸

如圖所示： $7.5 \times 2 = 15$, 15 寸即為褲腳尺寸

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Pants 褲子



Thigh:

STEP 1: Lay pants flat sideways

STEP 2: Pull up first panel and leave second panel at standard position

STEP 3: Place tape measure horizontally just underneath lower crotch

STEP 4: Extend tape measure horizontally until reaches both sides

STEP 5: Double the number indicates on the tape and you will have the thigh measurement

For example: $12.75 \times 2 = 25.5$, hence **25.5 inches** will be the finished measurement for the thigh.

臀圍：

第一步：將褲子側向鋪平

第二步：翻開一個褲腿，鋪平

第三步：將卷尺水準置於褲浪底位置

第四步：從左邊水準量到右邊

第五步：所得數值 2 倍即為臀圍尺寸

如圖所示： $12.75 \times 2 = 25.5$ ，**25.5 寸**即為臀圍造起尺寸

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Pants 褲子



Knee:

STEP 1: Lay pants flat sideways

STEP 2: Pull up first panel and leave second panel at standard position

STEP 3: Fold 1 inch at pants cuff

STEP 4: Gradually fold the second panel into half until it reaches lower crotch

STEP 5: The lowest part of the pants will be the knee position of the pants

STEP 6: Place the tape measure horizontally at the lowest part of the pants and measure point to point

STEP7: Double the number indicates on the tape and you will have the finished knee measurement

For example: $8.5 \times 2 = 17$, hence **17 inches** will be the finished measurement for the knee.

中膝：

第一步：將褲子側向鋪平

第二步：翻開一個褲腿，鋪平

第三步：在褲腳處折一寸

第四步：再將褲腿向內對折到褲浪底

第五步：對折處即為褲子中膝位置

第六步：水準量中膝位置

第七步：所得數值 2 倍即為中膝造起尺寸

如圖所示： $8.5 \times 2 = 17$, **17 寸**即為中膝造起尺寸

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Pants 褲子



In seam:

STEP 1: Lay pants flat sideways

STEP 2: Pull up first panel and leave second panel at standard position

STEP 3: Find the joining point of the lower crotch and in seam

STEP 4: Place tape measure at the start point and extend tape measurement parallel to inside seam until reaches bottom of the pants.

For example: **27.5 inches** will be the finished measurement for the in seam.

褲內長：

第一步：將褲子側向鋪平

第二步：翻開一個褲腿，鋪平

第三步：從褲浪底開始

第四步：沿著內縫線量到褲腳

如圖所示：**27.5 寸**即為內長造起尺寸

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Vest 背心



Chest:

STEP 1: Lay vest flat, button facing upward

STEP 2: Find the highest and widest edge of the vest

STEP 3: Place tape measure from first edge and extend to the other

STEP 4: Double the number indicates on the tape and you will have the chest measurement

For example: $20 \times 2 = 40$, hence **40 inches** will be the finished measurement for the chest.

上圍

第一步：背心向上鋪平

第二步：卷尺置於背心夾圈底最寬位

第三步：從左邊量至右邊

第四步：所得數值兩倍即為胸圍尺寸

如圖所示： $20 \times 2 = 40$, **40 寸**即為上圍造起尺寸

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Vest 背心



Hip:

STEP 1: Lay vest flat, button facing upward

STEP 2: Find the lowest and widest edge of the vest

STEP 3: Place tape measure from first edge and extend to the other

STEP 4: Double the number indicates on the tape and you will have the hip measurement

For example: $19.5 \times 2 = 39$, hence **39 inches** will be the finished measurement for the hip.

坐圍：

第一步：背心向上鋪平

第二步：卷尺置於背心底部最寬位

第三步：從左邊量至右邊

第四步：所得數值兩倍即為下圍尺寸

如圖所示： $19.5 \times 2 = 39$, **39 寸**即為上圍造起尺寸

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Vest 背心



Waist:

STEP 1: Lay vest flat, button facing upward

STEP 2: Find the narrowest edge of the vest body

STEP 3: Place tape measure from first edge and extend to the other

STEP 4: Double the number indicates on the tape and you will have the waist measurement

For example: $18.75 \times 2 = 37.5$, hence **37.5 inches** will be the finished measurement for the waist.

腰圍：

第一步：背心向上鋪平

第二步：卷尺置於背心最窄位

第三步：從左邊量至右邊

第四步：所得數值兩倍即為中圍尺寸

如圖所示： $18.75 \times 2 = 37.5$, **37.5 寸**即為中圍造起尺寸

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Vest 背心



Front Length:

STEP 1: Lay vest flat, button facing upward

STEP 2: Place tape measure at the highest of shoulder seam

STEP 4: Extend tape measure until reaches lowest point of the vest

For example: **24.75 inches** will be the finished measurement for the front length.

前長：

第一步：背心向上鋪平

第二步：卷尺頭端置於肩膀頂部

第三步：量至衫腳最低部位

如圖所示：**24.75 寸**即為前長造起尺寸

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Vest 背心



Back Length:

STEP 1: Lay vest flat, back facing upward

STEP 2: Place tape measure at the top of back center seam

STEP 3: Extend tape measure parallel to back center seam until reaches end of back center seam

For example: **21.25 inches** will be the finished measurement for the back length.

後長：

第一步：背心背面向上鋪平

第二步：卷尺頭端置於後中頂部

第三步：沿著後中縫線量至衫底

如圖所示：**21.25 寸**即為後長造起尺寸

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Vest 背心



First button position:

STEP 1: Lay vest flat, button facing upward

STEP 2: Place tape measure at the highest of shoulder seam

STEP 3: Extend tape measure until reaches center of first button

For example: **10.75 inches** will be the finished measurement for the first button.

第一粒鈕位：

第一步：背心向上鋪平

第二步：卷尺頭端置於肩膀頂部

第三步：向下量至第一粒鈕位中央

如圖所示：**10.75 寸**即為鈕位造起尺寸

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Shirt 襯衣



Collar:

STEP 1: Unbutton the shirt and lay it flat, back facing upward

STEP 2: Measure from center of the first button.

STEP 3: Extend tape measure horizontally to center of the first button hole.

STEP 4: You will have the collar measurement

For example: **15 inches** will be the finished measurement for the collar.

領圍：

第一步：襯衣反面向上，展開領口

第二步：將卷尺一端置於領口鈕扣中央

第三步：沿著衣領量至鈕門中央

第四步：所得尺寸即為領圍尺寸

如圖所示：15 寸即為領圍造起尺寸

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Shirt 襯衣



Chest:

STEP 1: Lay shirt flat, button facing upward

STEP 2: Find the lowest point of the armhole

STEP 3: Extend tape measure horizontally from point to point

STEP 4: Double the number indicates on the tape and you will have the chest measurement

For example: $20 \times 2 = 40$, hence **40 inches** will be the finished measurement for the chest.

上圍：

第一步：襯衣向上鋪平

第二步：卷尺置於夾圈底部

第三步：從左夾圈底水準量至右夾圈底

第四步：所得數值兩倍即為上圍尺寸

如圖所示： $20 \times 2 = 40$, **40 寸**即為上圍造起尺寸

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Shirt 襯衣



Waist:

STEP 1: Lay shirt flat, button facing upward

STEP 2: Find the narrowest point of the body

STEP 3: Extend tape measure horizontally from point to point

STEP 4: Double the number indicates on the tape and you will have the waist measurement

For example: $16 \times 2 = 32$, hence **32 inches** will be the finished measurement for the waist.

中圍：

第一步：襯衣向上平鋪

第二步：卷尺置於最小腰線位

第三步：從左邊水準量至右邊

第四步：所得數值兩倍即為中圍造起尺寸

如圖所示： $16 \times 2 = 32$, **32 寸**即為中圍造起尺寸

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Shirt 襯衣



Hip:

STEP 1: Lay shirt flat, button facing upward

STEP 2: Find the lowest edge of the body

STEP 3: Extend tape measure horizontally from point to point

STEP 4: Double the number indicates on the tape and you will have the hip measurement

For example: $19 \times 2 = 38$, hence **38 inches** will be the finished measurement for the hip.

坐圍：

第一步：襯衣向上鋪平

第二步：卷尺置於襯衣最低部位

第三步：從左邊水準量至右邊

第四步：所得數值兩倍即為下圍造起尺寸

如圖所示： $19 \times 2 = 38$, **38 寸**即為下圍造起尺寸

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Shirt 襯衣



Shoulder:

STEP 1: Lay shirt flat, back facing upward

STEP 2: Find the highest point of the arm hole

STEP 3: Please tape measure at both points

STEP 4: Gently stretch the edge and you will have the shoulder measurement

For example: **17.25 inches** will be the finished measurement for the shoulder.

肩寬：

第一步：襯衣反面向上鋪平

第二步：卷尺一端置於一邊夾圈頂端

第三步：量至另一邊夾圈頂端

第四步：所得尺寸即為肩寬

如圖所示：17.25 寸即為肩寬造起尺寸

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Shirt 襯衣



Sleeve Length:

STEP 1: Lay shirt flat, button facing upward

STEP 2: Gently stretch sleeve (make sure it is flat)

STEP 3: Find the highest point of the arm hole

STEP 4: Extend tape measure parallel to sleeve until reaches end of cuff

For example: **23.5 inches** will be the finished measurement for the sleeve length.

袖長：

第一步：襯衣向上鋪平

第二步：將袖子拉緊（確保袖子平直）

第三步：卷尺置於夾圈頂端

第四步：沿著袖子量至袖口

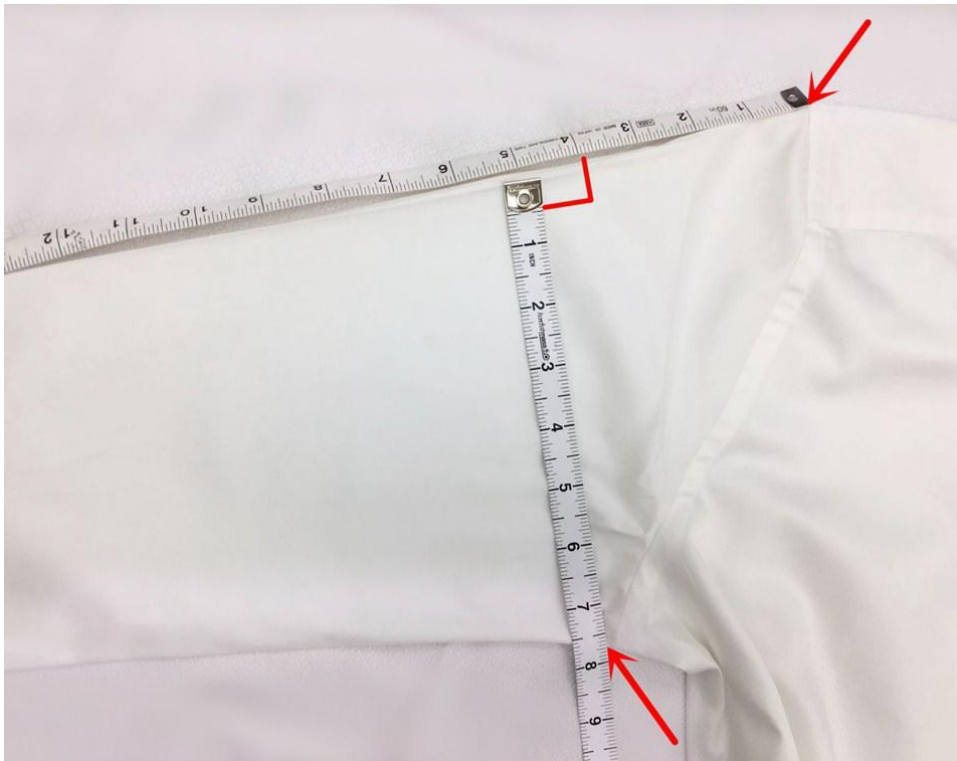
如圖所示：**23.5 寸**即為袖長造起尺寸

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Shirt 襯衣



Bicep:

STEP 1: Lay shirt flat, button facing upward

STEP 2: Gently stretch sleeve (make sure it is flat)

STEP 3: Place first tape measure parallel to outer seam of the sleeve

STEP 4: Create a straight angle with the second tape measure starting from the lowest point from the arm hole until reaches first tape

STEP 5: Double the number indicates on the tape and you will have the bicep measurement

For example: $7.75 \times 2 = 15.5$, hence **15.5 inches** will be the finished measurement for the bicep.

臂圍：

第一步：襯衣向上鋪平

第二步：將袖子拉緊（確保袖子平直）

第三步：卷尺一端置於袖子內側袖底處

第四步：向外側邊量，卷尺需與袖子外側邊形成直角

第五步：所得數值兩倍即為臂圍尺寸

如圖所示： $7.75 \times 2 = 15.5$ ，**15.5 寸**即為臂圍造起尺寸

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Shirt 襯衣



Sleeve Cuff:

STEP 1: Fasten all buttons

STEP 2: Lay tape measure parallel to both button holes

STEP 3: Extend tape measure until reaches both edges

For example: **10 inches** will be the finished measurement for the cuff.

袖口：

第一步：將袖口鈕扣全部扣緊

第二步：卷尺從袖口左邊水準量至右邊

第三步：所得尺寸即為袖口造起尺寸

如圖所示：**10 寸**即為袖口造起尺寸

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